

November 2021 – Additional mental health related articles from around the nation

[Auditor: lowans are illegally denied care due to Medicaid privatization - Iowa Capital Dispatch](#)

Human services agencies face staffing crisis, delaying services for those in need - A steady stream of workers have left community-based human services jobs during the pandemic, and many jobs are going unfilled. At the same time, the need has increased. [Continue reading →](#)

College students struggle with mental health as pandemic drags on - By Susan Svrluga and Nick Anderson • [Read more »](#)

Connect to Care - How to find care and navigate common challenges. - [READ MORE ▶](#)

Should I Get Care for My Child? - How to know when a child who is struggling needs help. - [READ MORE ▶](#)

How to Find a Children’s Mental Health Professional- Tips for getting your child evaluated and diagnosed. - [READ MORE ▶](#)

How to Know What Your Family’s Insurance Covers - Ways to get the most out of your plan and avoid unexpected costs. - [READ MORE ▶](#)

What if My Child Resists Treatment? - Strategies for helping kids buy into the process. - [READ MORE ▶](#)

Getting Support From Your Child’s School - How teachers and school staff can help. - [READ MORE ▶](#)

[We can’t arrest our way out of Mass. and Cass](#)

Drug addiction and homelessness should be addressed as public health issues, not crimes. [Continue reading →](#)

What Are the Warning Signs of Depression in College Students? [Read More](#)

How Mindfulness Helped Me Cope with My Husband’s Suicide [Read More](#)

Bipolar Depression: The Lows We Don’t Talk About Enough [Read More](#)

Reclaiming the Memories of My Sister [Read More](#)

How Kate Spade’s Suicide Opened My Eyes to the Impact of Stigma - “I was suffering with so much pain, and I thought I was weak. I felt scared to share what was going on, and — since nobody else was talking about depression or anxiety — I just assumed I was alone.” [Read More](#)

Survey Finds Disability Service Providers On The Brink - Disability service providers across the nation are in crisis, with a majority reporting that they're shutting down programs, turning away new referrals and struggling to maintain standards. [Read More >](#)

YouTube Bans Videos Linking Autism, Vaccines - YouTube is cracking down on vaccine misinformation, saying that it will remove videos suggesting that vaccines cause autism, among other falsehoods. [Read More >](#)

For Children With Disabilities, Climate Change Brings Multiple Threats - Climate change is a growing threat to people with disabilities, especially those with complex medical conditions who may have trouble keeping their bodies cool or living without power. [Read More >](#)

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No Labor Shortage At Cafe Staffed By Workers With Intellectual Disabilities - One restaurant has avoided the labor shortage plaguing the rest of the industry. Staffed almost entirely by people with intellectual disabilities, the eatery is flush with prospective employees. [Read More >](#)

What Is a Behavior Intervention Plan? A BIP is a plan to help kids whose problem behavior in school is affecting their learning. [READ MORE ▶](#)

Tips for Recognizing Learning Disorders in the Classroom - Characteristics of learning disabilities that can hide in plain sight. [READ MORE ▶](#)

What's ADHD (and What's Not) in the Classroom - Signs that a child might have ADHD, and other possible causes for those symptoms. [READ MORE ▶](#)

Why Are Kids Different at Home and at School? Some hold it together at school, only to lose it at home. Others stress out in the classroom. [READ MORE ▶](#)

How Does Anxiety Affect Kids in School? - What it looks like, and why it's often mistaken for something else. [READ MORE ▶](#)

When Kids Refuse to Go to School - How to recognize what's called 'school refusal' and how to get kids back in class. [READ MORE ▶](#)

Ed Department Issues Guidance On IEPs During Pandemic - Federal officials say that IEP teams must consider everything from goals to masks to compensatory education to ensure that students with disabilities are provided FAPE during the pandemic. [Read More >](#)

Ranking Lists Best Cities For People With Disabilities - What's the best city in America for people with disabilities? A new ranking is designed to answer that question. [Read More >](#)

She Has Down Syndrome, Then Got COVID-19. Could Amanda Hall Learn To Walk Again? - Cindy and Walt Hall are used to fighting for their daughter. Their toughest battle came when she caught the coronavirus. [Read More >](#)

California Joins Growing List Of States Ending Subminimum Wage - California is joining 10 other states including Alaska, Oregon and Texas in phasing out the practice of paying workers with disabilities as little as \$2 an hour. [Read More >](#)

Uncertainty Surrounds Biden Plan To Boost Disability Services - With President Joe Biden's \$3.5 trillion plan to expand the nation's social safety net being chopped, disability advocates are fighting to keep a massive investment in Medicaid waivers alive. [Read More >](#)

'Sesame Street' Expands Autism Resources - "Sesame Street" is offering up a host of new resources designed to help children with autism and their families. [Read More >](#)

Students In Special Ed At High Risk Of COVID-19 See Few School Options - In places with no remote learning and where masks are optional, students with disabilities who are at high risk for serious disease if they contract COVID-19 have no good options, parents say. [Read More >](#)

For Kids With Complex Needs, In-Home Care Tough To Find - With the pandemic worsening nursing shortages, parents of children with complex medical conditions or disabilities are being forced to hospitalize their kids or take on additional duties at home. [Read More >](#)

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CDC: People With Disabilities Want COVID-19 Vaccines, But Struggle To Get Them - People with disabilities are less likely to be vaccinated against COVID-19, new research suggests, but it's not because they are reluctant to do so.

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Google Improving Smartphone Accessibility - Google is offering up new ways for people with various disabilities to more easily use their smartphones. [Read More >](#)

State Police Sued Over Tackling Of Man With Down Syndrome - When Dan Corbett pulled to the side of the road to calm his son with Down syndrome, he never imagined that multiple state troopers would intervene and wind up tackling his son to the ground. [Read More >](#)

Group Works To Make Beaches More Accessible - Disability advocates are pushing for greater adoption of specialized semi-permanent mats that act like a boardwalk anchored to the sand so that people of all abilities can visit the beach.

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Citing 'mental health crisis,' UNC cancels classes after a reported suicide and a suicide attempt- By Brittany Shammass • [Read more »](#)

Social Security, SSI Benefits Will Increase By Largest Amount In Decades - People with disabilities receiving Supplemental Security Income and other Social Security benefits are set to see the biggest rise in their monthly payments since 1982. [Read More >](#)

Promising Autism Treatment Falls Short, Study Finds - A naturally occurring hormone that's been prescribed to many children with autism under the thinking that it could boost sociability does not make any difference, according to a large new study. [Read More >](#)

New Book Explores History Of Controversial Facility That Uses Shock Devices - There is one facility in the country known to use electric shocks to address behavior in kids and adults with disabilities. A new book details how that situation came to be. [Read More >](#)

Winery Serves Up Job Training For Those With Developmental Disabilities - In addition to growing specialty grapes, blackberries and other fruit, a one-of-a-kind winery is teaching horticultural and wine-making techniques to people with developmental disabilities. [Read More >](#)

It's becoming impossible to find a therapist - With need for help soaring, mental health providers are stretched to the limit. And even if you find someone with openings, they may not take your insurance, or any insurance at all. [Continue reading →](#)

The illusion of criminal justice reform - Why have a nationwide slew of bipartisan reform bills barely reduced the incarcerated population? [Continue reading →](#)

Public Comment Sought On Nation's Autism Plan -Federal officials are looking for feedback from the public as a key panel works to update the government's autism agenda for the first time in years. [Read More >](#)

Camp Designed To Accommodate All Special Needs Makes Debut - A one-of-a-kind fully accessible camp is opening, offering people with disabilities the opportunity to partake in everything from zip lines to archery and climbing walls alongside everyone else. [Read More >](#)

Vaccine Mandate Could Displace Group Home Residents With Disabilities - A state COVID-19 vaccine requirement could force a nonprofit group home operator to kick out residents with intellectual disabilities because there won't be enough staff to care for them. [Read More >](#)

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Intellectual Disability Won't Stop Couple From Marrying - While marriage is still rare among people with intellectual disabilities, it is becoming more common. [Read More >](#)

How to Handle Tantrums and Meltdowns - Helping little kids learn to manage big emotions. - [READ MORE ▶](#)

How to Help Children Calm Down - Techniques for helping kids regulate their feelings and avoid lashing out. - [READ MORE ▶](#)

How Can We Help Kids With Self-Regulation? - Some kids need help learning to resist impulsive behavior.- [READ MORE ▶](#)

The Power of Positive Attention - How to use it (instead of negative attention) to change behavior. - [READ MORE ▶](#)

DBT: What Is Dialectical Behavior Therapy? - A treatment for children and teenagers with serious trouble handling emotions. - [READ MORE ▶](#)

Help for Cutting and Other Self-Injury - When kids intentionally hurt themselves as a way to manage difficult emotions.- [READ MORE ▶](#)

For teens, navigating the mental health pitfalls of Instagram is part of everyday life - By Tatum Hunter • [Read more »](#)

Federal Jobs Program Moves To End Subminimum Wage - A massive program that puts people with disabilities to work through federal government contracts across the country plans to no longer allow workers to be paid less than minimum wage. [Read More >](#)

Movie Theaters Roll Out Enhanced Disability Access - The world's largest movie theater chain is working to improve the moviegoing experience for people with disabilities. [Read More >](#)

Children With Disabilities Face Special Back-To-School Challenges - For children with special needs returning to the classroom, mask-wearing is the least of their troubles. [Read More >](#)

With Crossover Between Autism And Mental Health, Diagnosis Can Be Tricky - Recent studies show a strong link between autism and mental health and the prevalence of mental health disorders in kids with autism appears to increase as they get older. [Read More >](#)

A recent report found that military suicides have [increased by 15% in the last year.](#)

Disney Implementing Changes To Disability Access At Theme Parks Eight years after overhauling its approach, Disney is once again rolling out a new system for accommodating visitors with disabilities at its theme parks. [Read More >](#)

Kids' Medical Records May Hold Clues To Autism Screening - New research points to a simple way to flag children at risk for autism that has the potential to cut the rate of false positives of traditional screening in half. [Read More >](#)

Tricks To Make Halloween A Treat For Kids With Special Needs - Almost every facet of trick-or-treating can be a chance to stumble for kids who are less able to "go with the flow." But experts say a little preparation can go a long way. [Read More >](#)

Disability Service Providers Struggle To Compete For Workers - With pay rates that are less than fast-food wages, disability service providers can't find staff and are closing group homes and struggling to maintain services as a result. [Read More >](#)

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Should Kids Take Mental Health Days? - When taking a break is helpful (and when it's not). - [READ MORE ▶](#)

When to Push Your Children - And how to know if you're pushing too hard. - [READ MORE ▶](#)

How to Help Kids Who Are Too Hard on Themselves - Bolstering self-critical children who tend to talk themselves down. - [READ MORE ▶](#)

Supporting the Emotional Needs of Kids With Learning Disabilities - Signs your child might be struggling with low self-esteem, anxiety, or depression, and how to help. - [READ MORE ▶](#)

Does Your Child Lack Motivation? - What it could mean when kids just don't seem to be trying very hard in school. - [READ MORE ▶](#)

When Kids Refuse to Go to School - How to recognize what's called 'school refusal' and how to get kids back in class. - [READ MORE ▶](#)

We can't keep considering police as default responders to every emergency - Communities throughout the country, including Lynn, are implementing crisis response models that dispatch social workers and allied professionals to emergencies related to mental health, substance use disorder, or poverty. [Continue reading →](#)

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[CDC adds mental illness to high-risk covid list](#)

Biden Pushes For Largest Boost Ever To Community-Based Services - President Joe Biden is plowing ahead with plans to make the biggest investment in Medicaid home and community-based services in 40 years as part of an ambitious package of social safety net reforms. [Read More >](#)

Study: Families Of Children With Special Needs See \$18K In Lost Income Annually - A significant number of caregivers of children with special needs reduce their work hours or leave jobs altogether costing their families an average of \$18,000 per year, researchers say. [Read More >](#)

Reluctant Localities Are Being Dragged Into Court To Fix Sidewalks For People With Disabilities - Hundreds of towns, cities and states across the U.S. have ignored part of the Americans With Disabilities Act, and now it's costing them billions of dollars to comply. [Read More >](#)

Parents Of Man With Disability Fatally Shot In Costco To Get \$17 Million - A federal jury awarded \$17 million in damages to the family of a man with a mental disability who was fatally shot by an off-duty police officer while shopping at Costco with his parents. [Read More >](#)