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mindspring
MENTAL HEALTH ALLIANCE

An independent organization formerly known as NAMI Greater Des Moines

[In this email:](#) Monthly notes, information on our golf tournament, updated Des Moines mobile crisis statistics, 31 year anniversary of the Americans with Disabilities Act, Affordable Care Act enrollment, and DHS/IDPH Alignment survey.

The August 2021 Mindspring Journal/Newsletter has been posted [here!](#)

- A multi-page document entitled "**Additional Mental Health Articles From Around the Nation**" - for your reading pleasure is at the same location as the **August** newsletter.
- An **August Course Guide**. Access to register for the classes is in the document. Community education classes are at **no cost** to you. The Workplace education classes have a \$5 per person cost. The **August** Course Guide is also located in the same location as the July newsletter.
- **Support groups** that are meeting in person are listed in the newsletter.
- The Polk County Children's Mental Health Crisis Services **decision charts** are included again in this issue of the Mindspring newsletter. Basic information about the regional mental health system is also included.
- Our office is still closed. Please contact director@mindspringhealth.org if you have questions or concerns.
- Please be patient with our transition to a **new website**. It's underway. In the meantime, go to www.mindspringhealth.org or www.weareherewithyou.com.

- We are offering our **crisis cards for sale**. You can personalize the cards with your organization's name and website. We have found the cards to be incredibly useful - people appreciate the instantaneous help on the cards since they are wallet-size and are made of a nearly indestructible material.
 - Do's and Don'ts in a Mental Health Crisis
 - Suicide Warning Signs and Response
 - Compassionate Communication (*can double as a business card*)
 - The website is bit.ly/mindspringcrisiscards



Friday, Sept. 10 is our Golf Tournament
Become a sponsor, a golfer and/or a donor!

\$200 is a family sponsorship
\$250 is a spectator sponsorship
\$500 is an amateur sponsorship
\$1000 is a driving range sponsor
more levels up to \$15,000 - a master's sponsor

Find registration materials, sponsorship and other information [here](#)

We appreciate donations of any size!
All proceeds benefit our community by assisting us to provide mental health education, support and advocacy



We commend Chief Dana Wingert for his sensitivity and flexibility in adjusting the mobile crisis team operations.

At the end of May 2021 – Des Moines began dispatching mobile crisis to all mental health calls instead of having officers request the team.

Call volume increased by 98 calls in June.

Updated Polk County mobile crisis numbers from the CJCC report in the August newsletter.

For the period 7-1-20 to 6-30-21 - the total number of calls was 2804.

39% resolved in the community

1% to jail

15% to the hospital

11% resolved by phone

2% MCRT unavailable

4% resolved through follow up phone calls

28% resolved through other (88 declined MCRT and 711 were called out by police but then it was resolved without intervention by MCRT)

79% of the calls were for adults

21% of the calls were for children under 18

The police liaisons for the Mobile Crisis team are:

Officer Lorna Garcia (day shift) O: 515-283-4988 C: 515-205-3821

Officer Sean O'Neill (night shift 4-midnight M-F) cell 515-300-4644

ADA 31



Americans with Disabilities Act

Celebrate the ADA! July 26, 2021

AFFORDABLE CARE ACT



ACA subsidies have expanded to make plans more affordable. The [Affordable Care Act's special enrollment period](#) has re-opened until August 15th.

Apply [here](#) for affordable health care.

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July 23, 2021



Health and Human Services Alignment Update

For more information, visit <https://hhsalignment.iowa.gov>.



IDPH and Iowa DHS Alignment Staff and Stakeholder Input Survey

The Iowa Department of Public Health (IDPH) and Iowa Department of Human Services (DHS) are exploring options for [aligning their programs, services and operations](#) more closely in order to better serve the needs of Iowans.

By “aligning,” we mean using, sharing, coordinating, or structuring two or more things (programs, services, processes, technology, data, access points like buildings or websites, etc.) in new, more closely connected ways.

We are seeking input on these efforts from employees across both departments and people across the state. To this end, we invite you to [respond to our survey as well as share the link to the survey](#) with anyone who may have insights and suggestions to help us in this effort. **The survey will close on Friday, August 6, 2021.**

You do not need to respond to all questions – they are designed to help you think about and share your thoughts about different and creative ways in which we might be able to bring the work of IDPH and DHS into closer alignment.

[Take the survey](#)

Or copy and paste this link into your browser to get to the survey: <https://forms.office.com/r/SF64dmc9S3>

Thank you for your time and input!

This email will communicate updates regarding the Iowa Department of Public Health and Human Services alignment. Check the [HHS Alignment website](#) regularly for news and developments. We will add presentations, resources and more as they are available. Stakeholder feedback will be a critical part of this process. Feel free to explore the website and provide your feedback and input through our [Contact Us](#) form.

For questions about this e-newsletter, please contact hroepke@dhs.state.ia.us.



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